



**PALMDALE WATER DISTRICT**

A CENTURY OF SERVICE

# PRESS RELEASE

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FOR IMMEDIATE RELEASE

## **PWD HOSTING H2GO 5K AT LAKE PALMDALE ON JUNE 13, ABC7 REPORTER LEO STALLWORTH TO EMCEE**

*Palmdale, CA* – The Palmdale Water District (PWD) will hold its inaugural H2GO 5K Run/Walk on Saturday, June 13, giving participants a rare opportunity to enjoy the morning serenity and beauty of Lake Palmdale.

Welcoming runners and walkers to the 8 a.m. event will be ABC7 Eyewitness News Reporter Leo Stallworth, who will serve as the emcee and award trophies to race winners.

“We greatly appreciate Mr. Stallworth agreeing to take part in our event,” said PWD GM Dennis D. LaMoreaux. “He is very well-known and involved in our community, and we are honored to have him emcee our first ever 5K that will have more than 200 participants.”

To sign up for the event, go to [www.palmdalewater.org](http://www.palmdalewater.org) or [www.runsignup.com](http://www.runsignup.com). The fee for adults is \$52.93 and for children ages 8-12

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is \$16.90. The registration comes with an event T-shirt and a custom finisher's medal featuring a lake and poppies.

The 3.1-mile race route will be one loop around Lake Palmdale, 600 East Avenue S, in Palmdale. The course is mostly flat and sits approximately 2,900 feet above sea level. The race will be professionally chip-timed. Trophies will be awarded to the first-place and second-place male and female finishers in the following age categories: 8-12, 13-18, 19-29, 30-39, 40-49, and 50 and older. The Start/Finish area will feature food vendors and sponsor booths.

Palmdale Lake, which is one of PWD's three water sources, is home to more than 200 bird species. PWD leases it to the Palmdale Fin and Feather Club for recreational activities, including fishing and duck hunting. Normally, it is only open to club members.

Funds raised from the event will go to a PWD customer assistance program. PWD is grateful to all the generous H2GO 5K sponsors. They are Gold Sponsors Alpha Sites Services, *Antelope Valley Press*, Bruin Geotechnical Services Inc., city of Palmdale, Hazen and Sawyer, Los Angeles County Sanitation Districts, and Stantec; Silver Sponsors Aleshire & Wynder LLP, Antelope Valley Economic Development & Growth Enterprise, CIPO Software, Garney Construction, IBEW/NECA/LMCC, KYLE Groundwater, Metro Builders, Reeb Government Relations, TerraVerde Energy, and Trussell Technologies; and Bronze Sponsors AMR, AV Harley-Davidson, AV Medical Center, Bodewell Group, California CLASS, Enterprise Mobility, Environmental Sciences Associates, Five Star Bank, Palmdale Fin and Feather Club, and W.M. Lyles Co.

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Since 1918, the Palmdale Water District has provided high-quality water at a reasonable cost. We pride ourselves on providing great customer care; advocating for local water issues that help our residents; educating the community on water-use efficiency; and leading our region in researching and implementing emerging technologies that increase operational efficiency. For more information about PWD, visit [www.palmdalewater.org](http://www.palmdalewater.org).

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